



Please paste the barcoded
label here

TOTAL
MARKS

--

NATIONAL SENIOR CERTIFICATE EXAMINATION
MAY 2025

CONSUMER STUDIES

EXAMINATION NUMBER

--	--	--	--	--	--	--	--	--	--	--	--	--

Time: 3 hours

200 marks

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

1. This question paper consists of 32 pages. Please check that your question paper is complete.

2. This paper is divided into four sections:

SECTION A: Food and Nutrition and Consumer-related Issues

SECTION B: Clothing and Consumer-related Issues

SECTION C: Housing and Furnishings and Consumer-related Issues

SECTION D: Extended Writing Response

3. Read the questions carefully.

4. Answer ALL the questions on the question paper and hand this in at the end of the examination. Remember to write your examination number in the space provided on the question paper.

5. The marks allocated to each question will indicate the detail required.

6. Calculators may be used.

7. It is in your own interest to write legibly and to present your work neatly.

8. One lined page (page 32) is included at the end of the paper. If you run out of space for a question, use this page. Clearly indicate the number of the question you are answering should you use this additional space.

Allocation of marks

Question	1	2	3	4	5	6	7	8	9	10	11	Total
Marks	19	11	29	11	9	23	18	30	11	19	20	200
Obtained												
Moderation												
Checked												
Re-mark												

SECTION A FOOD AND NUTRITION AND CONSUMER-RELATED ISSUES***Spend approximately 60 minutes on this section.*****QUESTION 1**

- 1.1 Match each food additive in Column A to the type of food additive in Column B and its function in Column C.

Write only the letter (A–H) from Column B and the Roman numeral (i–viii) from Column C in the space provided below, e.g., 1.1.8 I, iv.

Question	1.1.1	1.1.2	1.1.3	1.1.4	1.1.5	1.1.6	1.1.7
Answer Column B							
Answer Column C							

Column A Food additives		Column B Type of food additive		Column C Function	
1.1.1	Tartrazine	A	Antioxidant	i	Allows water and oil to remain mixed in mayonnaise.
1.1.2	Calcium peroxide	B	Artificial preservative	ii	Ensures an even texture and improved appearance in jam.
1.1.3	Lecithin	C	Bleach	iii	The oxidising agent used in cake wheat flour.
1.1.4	Pectin	D	Colourant	iv	Prevents fats and oils from becoming rancid in margarine.
1.1.5	Sodium benzoate	E	Emulsifier	v	Provides a sweet taste to sugar-free products such as chewing gum.
1.1.6	Vitamin E	F	Flavour enhancer	vi	Stimulates the taste buds but has no distinct taste itself.
1.1.7	Monosodium glutamate (MSG)	G	Stabiliser	vii	Synthetic yellow food colouring used in yellow sweets.
		H	Sweetener	viii	Used to prevent the growth of mould in fruit juice.

(14)

- 1.2 Study the list below and identify **five** guidelines true for the management of Type II Diabetes. Write only the capital letters in the space provided.

--	--	--	--	--

- A Eat small meals regularly.
- B Avoid foods containing ascorbic acid.
- C Avoid refined sugars.
- D Avoid tannin-containing drinks with meals.
- E Eat food containing lean protein.
- F Eat high-GI food.
- G Eat low-GI food.
- H Choose unsaturated fats.
- I Ensure that foods are organic.
- J Prioritise food containing non-haem iron.
- K Prioritise low fibre foods.

(5)
[19]

QUESTION 2

Study the scenario below and answer the questions that follow.

Lesedi weighs 48 kg and is 1,65 m tall. She presents with the following physical and behavioural symptoms:

- Constipation
- Dizziness and fainting spells
- Sensitivity to cold
- Distorted body image
- Excessive exercise

[Examiner's own text]

2.1 Calculate Lesedi's BMI.

(2)

2.2 Classify Lesedi's BMI.

(1)

2.3 Identify the condition that Lesedi is suffering from.

(1)

2.4 Name a biological, psychological and environmental factor which are known causes of Lesedi's condition.

2.4.1 Biological factor		(1)
2.4.2 Psychological factor		(1)
2.4.3 Environmental factor		(1)

2.5 List **four** guidelines for the management of Lesedi's condition.

(4)
[11]

QUESTION 3

Study the sources below and answer the questions that follow.

SOURCE A**The South African Department of Basic Education's National School Nutrition Programme**

The NSNP aims to enhance the learning capacity of learners through the provision of healthy meals at schools. Schools are also encouraged to establish food gardens from which they obtain fresh produce (vegetables/fruit) to supplement the menu in line with the South African Food Based Dietary Guidelines. Learners, teachers and parents are provided with skills to grow their own food, contributing towards long-term household food security. The gardens are also used as a teaching and learning resource.

What does a school meal consist of?

Protein (Soya, fish, eggs, milk, sour milk, beans and lentils), fresh fruit and vegetable, carbohydrate/starch. A variety of protein is served per week. Soya should not be served more than twice a week. Fats/oil, salt and flavourants are added to make the meals tasty. Fresh vegetables or fruit should be served daily.

[Source: <<https://www.education.gov.za/Programmes/NationalSchoolNutritionProgramme.aspx>>]

SOURCE B**South African Food Based Dietary Guidelines, published in 2012**

1. Enjoy a variety of foods.
2. Be active!
3. Make starchy foods part of most meals.
4. Eat plenty of vegetables and fruit every day.
5. Eat dry beans, split peas, lentils and soya regularly.
6. Have milk, maas or yoghurt every day.
7. Fish, chicken, lean meat or eggs can be eaten daily.
8. Drink lots of clean, safe water.
9. Use fats sparingly. Choose vegetable oils, rather than hard fats.
10. Use sugar and foods and drinks high in sugar sparingly.
11. Use salt and food high in salt sparingly.

- 3.1 Explain the pillars of food security as they relate to the National School Nutrition Programme (NSNP).

3.1.1 Availability:

(1)

3.1.2 Access:

(1)

3.1.3 Utilisation:

(1)

3.1.4 Stability:

(1)

3.2 Refer to Source A. Besides milk, identify **three** allergens present in the foods used for children's meals.

(3)

3.3 Compare a milk allergy and lactose intolerance with regard to the following aspects:

	Milk allergy	Lactose intolerance
Immune system response or digestive system response.	3.3.1 (1)	3.3.2 (1)
Explain the cause of the reaction.	3.3.3 (1)	3.3.4 (2)

3.4 Refer to Source A and B. Identify **two** probiotic foods mentioned and explain why they are considered probiotics.

(4)

- 3.5 Refer to Source B. Identify the most probable South African food-based dietary guideline aimed at the prevention and/or management of each of the food related health conditions below. Motivate each choice.

3.5.1 Coronary heart disease

South African food-based dietary guideline number:	
--	--

(5)

3.5.2 Hypertension

South African food based dietary guideline number:	
--	--

(3)

3.5.3 Osteoporosis

South African food based dietary guideline number:	
--	--

[illegible]

QUESTION 4

4.1 Judge the extent to which the statement, 'gastroenteritis can modify the microbiome balance', is true.

[illegible]

(5)

4.2 Provide **three** recommendations, with explanations, to improve the gut microbiome balance after gastroenteritis.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

(6)
[11]

70 marks

SECTION B CLOTHING AND CONSUMER-RELATED ISSUES

Spend approximately 40 minutes on this section.

QUESTION 5

5.1 Give **one** term for each of the following descriptions. Write only the term in the space provided.

5.1.1 Acceptance of a specific style by a large group of people in a specific place at a specific time.

(1)

5.1.2 A fleeting fashion trend, often characterised by its extreme style, quickly embraced by a small group of consumers before fading away.

(1)

5.1.3 Affordable clothing, quickly designed and manufactured for the masses, often of poor quality and intended for disposal after one season.

(1)

5.1.4 Simple, timeless designs which suit most people and endure for many seasons.

(1)

5.1.5 Exclusive, original designs, crafted to inspire fashion change. Characterised by high costs due to unique design, quality, and craftsmanship.

(1)

5.2 Explain the following **two** taxes in the context of the clothing industry.

5.2.1 Import duty

(2)

5.2.2 VAT/Value Added Tax

(2)
[9]

QUESTION 6

6.1 Name and describe the **five** stages of the fashion cycle in the correct sequence.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

(11)

6.2 Evaluate the extent to which globalisation has influenced the fashion industry.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

(6)

6.3 Analyse how self-concept influences clothing choices among teenagers.

[illegible]

(6)
[23]

QUESTION 7

7.1 List **five** fundamental items to be included in a wardrobe to complete a basic work outfit.

(5)

7.2 State **five** important guidelines to consider when selecting clothing for a job interview.

(5)

7.3 Discuss the advantages of conforming to a company dress code.

(4)

- 7.4 Your company is in the process of designing new corporate wear. Suggest **four** criteria to ensure a sustainable shirt is designed.

(4)
[18]

50 marks

SECTION C HOUSING AND FURNISHINGS AND CONSUMER-RELATED ISSUES

Spend approximately 40 minutes on this section.

QUESTION 8

Read the scenario below and answer the questions that follow.

Maryam, a young pharmacist and enthusiastic cyclist, is searching for her first home. She is planning to purchase a property with the assistance of an estate agent. The estate agent presents the following property for her consideration:

Freestanding house for sale

Situated in a tree-lined family suburb. Spacious kitchen, laundry room, large open plan dining- and sitting rooms, 4 bedrooms, 4 bathrooms, 2 garages and 2 carports. Rates and taxes: R2 080 per month. Asking R 2,2 million.

This property is located a 40-minute commute from Maryam's place of work and 10 minutes from a mountain bike and trail park. The neighbourhood has one small grocery store and one restaurant.

Maryam has saved a deposit of R100 000 as well as sufficient funds for all attorney's fees and other additional costs.

[Examiner's own text]

- 8.1 Select **three** advantages of buying a home from the list below. Write only the letters (A–G) in the space provided.

--	--	--

- A It could be used as security for a loan.
- B It is an asset.
- C It requires no initial investment.
- D It offers security of tenure.
- E It guarantees rapid appreciation in value.
- F The owner is not responsible for maintenance.
- G There is no need to pay insurance.

(3)

- 8.2 Study the statements related to the financial responsibilities of buying a property below. State whether each statement is true or false. For each false statement, correct the **term typed in bold**. Do not rewrite the entire statement.

8.2.1 Bonds are repaid in **monthly** instalments.

8.2.2 The **conveyance fee** is a state tax payable when property ownership is changed from the seller to the buyer.

8.2.3 An **initiation fee** is a once-off fee charged by the bank for processing the home loan application and setting up the home loan account.

8.2.4 **Interim interest** is the interest charged on the home loan account after the bond has been registered and before the first payment of the bond.

8.2.5 **Bond protection insurance** is a type of short-term insurance that protects the property against structural damage from fire, floods, and natural disasters.

8.2.6 Rates and taxes are payable to **SARS**.

(9)

- 8.3 Identify the type of ownership in the advertisement on the previous page.

(1)

- 8.4 8.4.1 Indicate the standard bond amount Maryam will apply for.

(1)

8.4.2 List **four** bank requirements for granting bonds.

(4)

8.5 8.5.1 Is Maryam or the seller responsible for paying the estate agent for their service?

(1)

8.5.2 Outline the services provided by the estate agent to Maryam, the buyer.

(5)

8.6 Evaluate the suitability of the property for Maryam.

(6)
[30]

QUESTION 9

9.1 Define inflation.

(2)

9.2 Explain what the Consumer Price Index (CPI) is.

(3)

9.3 Suggest ways in which consumers can better manage their housing-related budget amid rising inflation rates.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

(6)
[11]

QUESTION 10

10.1 Match the consumer rights in Column B to the descriptors in Column A. Write only the letter (A–F) from Column B in the space provided below, e.g., 10.1.6 – G.

Question	10.1.1	10.1.2	10.1.3	10.1.4	10.1.5
Answer Column B					

Column A The right to ...		Column B Consumer rights	
10.1.1	be protected against fraudulent schemes and offers.	A	The right to choose.
10.1.2	cancel or renew a fixed-term agreement.	B	The right to disclosure of information.
10.1.3	disclosure of prices of goods and services.	C	The right to fair and honest dealing.
10.1.4	implied warranty of quality.	D	The right to fair value, good quality and safety.
10.1.5	stop receiving direct marketing at any time.	E	The right to privacy.
		F	The right to protection against discriminatory marketing practices.

(5)

10.2 Compare an instalment sale transaction to a lay-by transaction.

Instalment sale transaction	Lay-by transaction

(8)

SECTION D INTEGRATED WRITING RESPONSE

Spend approximately 40 minutes on this section.

QUESTION 11

Study the information below and answer the question that follows.

Adults with HIV can develop nutritional deficiencies due to diminished appetite, difficulty eating, and impaired nutrient absorption. Malnutrition can play a significant role in lowered immunity to infections. Conversely, good nutrition can strengthen immune function in people with HIV, thus enhancing quality of life and slowing the progression of HIV to AIDS.

Due to lower immune resistance, people with HIV or AIDS have an increased risk of food poisoning. These people need to be very vigilant about food safety to avoid contracting a foodborne illness. If an HIV-positive person does become sick from food poisoning, the likelihood of hospitalisation and even death is greater.

[Source: <<https://www.healthdigest.com/1190372/foods-to-reach-for-when-you-have-hiv/>>]

Develop a comprehensive nutrition and food safety program tailored for individuals living with HIV/AIDS.

Your program should include:

- **A detailed dinner meal plan:** Create a sample dinner that provides essential nutrients beneficial for individuals living with HIV/AIDS. Explain the importance of each food item's nutrients with specific reference to the maintenance of HIV/AIDS.
- **Food safety strategies:** Outline specific food safety measures that should be taken to prepare, cook, and store the dinner meal. Explain how these practices reduce risks associated with foodborne illnesses and ensure nutritional quality for people with compromised immune systems.
- Consider the following when planning your response:
 - The information in the source.
 - Your own relevant knowledge.
 - The rubric provided.

[20]

Criteria		Performance indicators				
		4	3	2	1	0
1	Content relevance and accuracy.	The content is highly relevant to the topic. No factual errors. The use of terminology is accurate.	Majority of the content is relevant to the topic. Minor factual errors. The use of terminology is mostly accurate. There are minor lapses.	Significant amount of content is irrelevant. Some important facts are incorrect. Use of terminology is flawed.	Mostly irrelevant with sporadic connections. Major factual errors. The terminology used is often incorrect.	The content is entirely irrelevant, demonstrating a fundamental misunderstanding of the subject matter.
2	Plan a sample dinner providing essential nutrients for people with HIV/AIDS. Explain the importance of each food item's nutrients for managing HIV/AIDS.	6 The response shows a thorough understanding of the topic. Six food items and nutrients relevant to the management of HIV/AIDS. No factual errors.	5-4 The response shows a sufficient understanding of the topic. Five/four food items and nutrients relevant to the management of HIV/AIDS. Minor factual errors.	3-2 The response shows an understanding of the topic. Three/two food items and nutrients relevant to the management of HIV/AIDS. Some important information is missing/incorrect.	1 The response shows a weak understanding of the topic. One food item and nutrient relevant to the management of HIV/AIDS. Major factual errors.	0 Limited or no information provided.
3	Food safety strategies: Outline safety measures for preparing, cooking, and storing the meal. Explain how these practices reduce foodborne illness risks and ensure nutritional quality for those with compromised immune systems.	6 The response shows a thorough understanding of the topic. Six appropriate suggestions to promote food safety.	5-4 The response shows a sufficient understanding of the topic. Five/four appropriate suggestions to promote food safety.	3-2 The response shows an understanding of the topic. Three/two appropriate suggestions to promote food safety.	1 The response shows a weak understanding of the topic. One appropriate suggestion to promote food safety.	0 No appropriate suggestions to promote food safety.
4	Quality of the response.	4 Demonstrates a clear and logical progression of ideas. Maintains a clear focus on the topic. Response is coherent and concise.	3 Generally, follows a logical sequence with occasional lapses. Generally, stays on topic with some side discussions. Response is mostly coherent and concise.	2 There are distinct inconsistencies in the logical flow of ideas. Some relevance to topic with some irrelevant information. The response has some flaws relating to clarity.	1 Lacks logical organisation making it difficult to follow. Significant portions of writing contain irrelevant information. The response is vague, rambling or lacking cohesion.	0 The response is meaningless or irrelevant.

[illegible]

[illegible]

[illegible]

20 marks

Total: 200 marks

PLEASE TURN OVER

ADDITIONAL SPACE (ALL QUESTIONS)

**REMEMBER TO CLEARLY INDICATE AT THE QUESTION THAT YOU USED THE
ADDITIONAL SPACE TO ENSURE THAT ALL ANSWERS ARE MARKED.**

[illegible]